

# Aikido Test Requirements **KIDS**

## 10th kyu

### *Suwarivaza*

1. Seiza
2. Mae Shikko
3. Ushiro Ukemi
4. Katatetori Sumiotoshi
5. Te Gatana Ikkyo (without Shikko)
6. Ryotetori Kokyuhu

### *Tachiwaza*

7. Migi Kamae
8. Hidari Kamae

## 9th kyu

### *Suwarivaza*

1. Mae Ukemi
2. Katatetori Ikkyo Omote
3. Te Gatana Ikkyo (full technique)
4. Ushiro Shikko

### *Tachiwaza*

5. Tai no henko
6. Shomenuchi

## 8th kyu

### *Suwarivaza*

1. Katatetori Ikkyo Ura
2. Te Gatana Kotegaeshi
3. Ushiro Tenkan

### *Tachiwaza*

4. Ushiro Ukemi
5. Katatetori Tenkai (with partner)
6. Ai hanmi Ikkyo Omote
7. Katatetori Sumiotoshi
8. Irimi Tsuki Sumiotoshi
9. Tsuki

## 7th kyu

### *Suwarivaza*

1. Te Gatana Iriminage
2. Shomenuchi Ikkyo Omote
3. Irimi Tenkan

### *Tachiwaza*

4. Mae Ukemi
5. Yokomenuchi
6. Katatetori Soto Tenkan

## 6th kyu

### *Suwarivaza*

1. Te Gatana Ikkyo
2. Te Gatana Kotegaeshi
3. Te Gatana Iriminage
4. Shomenuchi Ikkyo Ura

### *Tachiwaza*

5. Katatetori Irimi
6. Katatetori Gedan Gaeshi (Tenkai)
7. Katatetori Kaitennage Soto (Tenkai) Omote, Ura
8. Mae Hiri
9. Ai hanmi Ikkyo Ura
10. Katatetori Ikkyo Omote, Ura

## 5th kyu

### *Tachiwaza*

1. Tobi Ukemi (preparatory)
2. Tenchin (with partner)
3. Oe Tski, Gyaku Tski, Mae Hiri
4. Katatetori Kotegaeshi Omote, Ura
5. Katatetori Shihonage Omote, Ura
6. Katatetori Iriminage Omote, Ura
7. Katatetori Kaitennage Uchi
8. Gyaku Te Nage Omote, Ura

## 4th kyu

### *Suwarivaza*

1. Yokomenuchi Ikkyo Omote
2. Shomenuchi Kotegaeshi Omote, Ura
3. Shomenuchi Iriminage

### *Hanmi handachi*

4. Katatetori Shihonage Omote, Ura
5. Katatetori Kaitennage Soto, Uchi

### *Tachiwaza*

6. Tai sabaki 6 modules
7. Tsuki Hedan Gaeshi / Mae Hiri (remove Tski)
8. Ryotetori Tenchinage (Irimi)
9. Ai hanmi Katatetori Shihonage Omote, Ura

## 3rd kyu

### *Suwarivaza*

1. Yokomenuchi Ikkyo Ura
2. Yokomenuchi Kotegaeshi Omote, Ura
3. Yokomenuchi Iriminage Omote, Ura

### *Hanmi handachi*

4. Katatetori Ikkyo
5. Katatetori Kotegaeshi

### *Tachiwaza*

6. Ushiro Tekubitori Kotegaeshi
7. Tsuki Kotegaeshi Omote, Ura
8. Tsuki Ikkyo Omote, Ura
9. Tsuki Iriminage Omote, Ura
10. Yokomenuchi Shihonage

## 2nd kyu

## 1st kyu